

# THE PAW PRINT

The Official Eisenhower High School Newspaper

Jan / Feb 2008

## Inside this Issue...

### News

Eisenhower Home to Ten  
National Merit Scholars

Page 3

Room Temperature

Unpredictable

Page 4

Mold Count Reduced

Page 5

Health Room Not Always  
Open for Students

Page 6

### Sports

Hockey Violence Bringing in  
Spectators

Page 8

Wrestling Season  
Continues to Rock

Page 8

### Features

Foreign Exchange:  
Peter Hallum

Page 11

Meet the School Board

Page 12

Washington D.C. Bound

Page 13

We Asked, You Answered

Back

## The Paw Print

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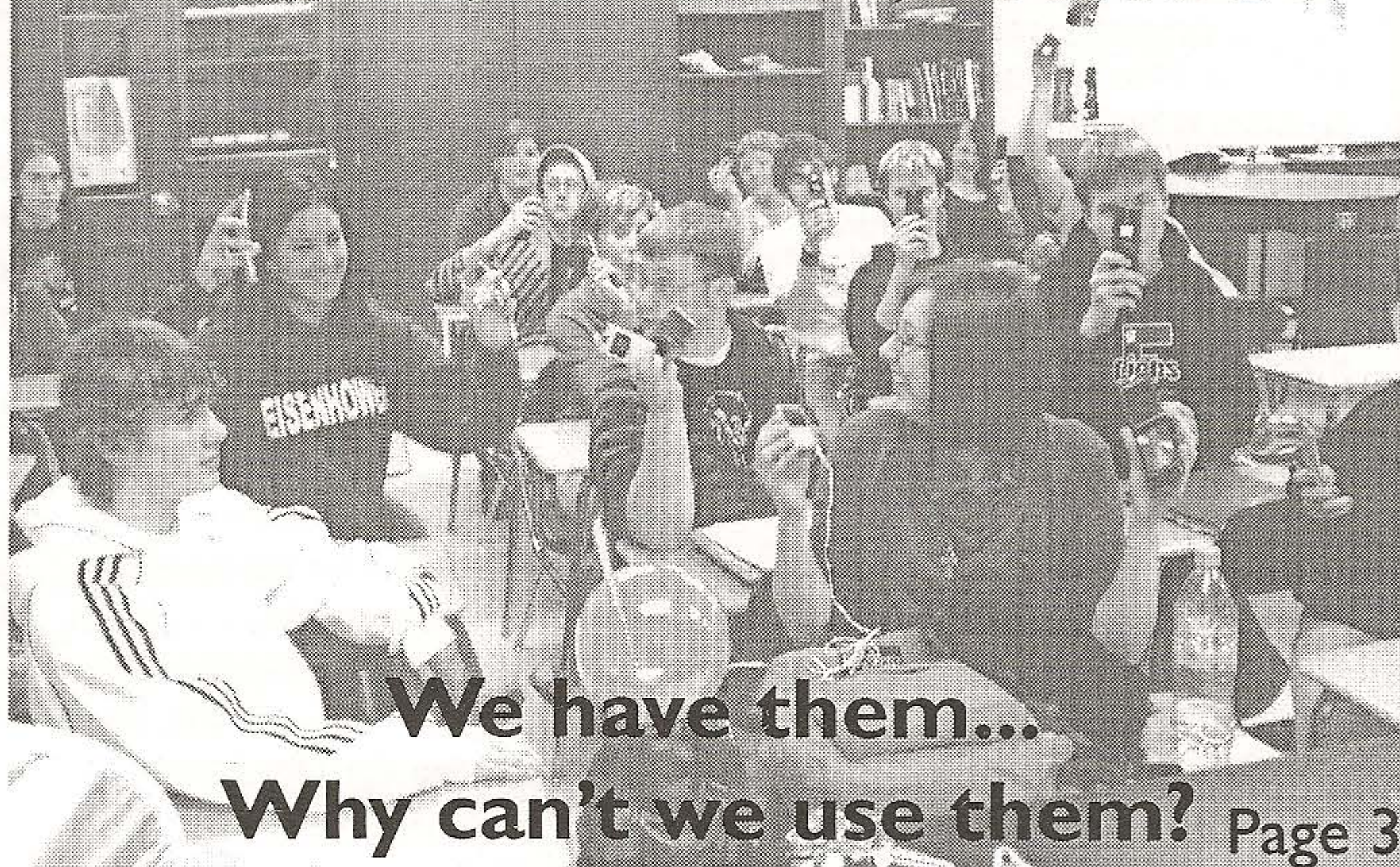
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## School Policies: No Food, No Phones, No iPod's



Why can't we use them? Page 3

## Among Cheer and

Rivalry Fuels Progress



VS.



Dance - Find out more on Page 9

Can't figure  
out what  
to get your  
sweetie?  
Check out  
the Valentine's  
Day gift guide  
on Page 14

Valentine's  
Day &  
Heart  
Health  
Page 15

Valentine's Day



# New DUO Copy Room Stirs Discontent

By Sammie Manuel, Staff Reporter

Everyday DUO students try to run a "quick" errand for a teacher by simply going to the copy machine. At times, that "quick" errand turns into an entire class period because of changes in the copy room policies that were put in place this year.

Kristina Henry, Junior and DUO for Mrs. Trinkner stated, "My problem is having to wait for all of the other DUO students to finish. There is only one copy machine and waiting wastes the whole hour."

Mr. Fesenmaier decided there should be a DUO copy room because there is more supervision, which helps control the problem of breakage and paper jams going unfixed.

"To me, everything is wrong with the copy machines. The line takes way too long, and then the teachers come in and interrupt us even though they have their own copy machine," said

Jesse Vanderkolk, Junior, DUO for Mrs. Heaney.

"Teachers have the priority," says Mrs. Moczydlowski, support staff, which is her direction from Mr. Fesenmaier.

Teachers and DUO students spend their time thinking of solutions.

"I really have no problem with the machine itself, just the fact there is only one of them," says Taylor Isaacson, Junior DUO for Mrs. Leonhardt. "I have to wait half an hour to make 20 copies while people make 250 copies of something. It's really ridiculous. The solution seems pretty simple, buy a few more copy machines."

All of the DUO students and Mrs. Moczydlowski have the same solutions for the problem.

"Get more copy machines, raise the money, or get access to the English office copy machine," says Kristina Henry.

"Teachers should plan out their copying needs better so that

everyone isn't waiting to use the copy machines or just get another copy machine," says Mrs. Moczydlowski.

"One solution is that the teachers could plan ahead and use the 'Copies to be made' plan of action," says Mrs. Moczydlowski. "The teacher fills out a paper of what needs to be copied, how many are needed, leave it in the basket labeled, copies to be made, and then the DUO students for the library make the copies for the teacher, but it may take 1-3 days."

Not only are the students having troubles with the new situation, it's also the staff. The DUO students just want to do what they're supposed to do for their teachers, but waiting in line to make just a few copies takes up too much time to do anything else. Until this problem is solved, the only thing DUO students can do is wait in line.

## The System Will NOT Fail Again

By Linsy Nelson, Staff Reporter

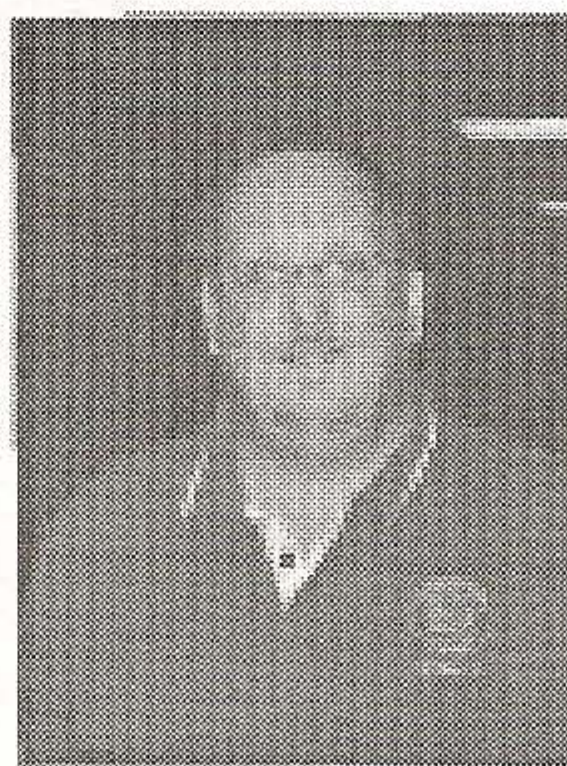
"The technology is just so inconvenient, I cannot even log on to the computers to print something off," Julie Pepper, senior, stated.

Everyone knows how frustrating it can be when the computers do not work. Teachers, students, and parents all get frustrated.

"It affects us in several ways. We cannot do attendance, grades, or research, and then parents get mad at us for not emailing them back, but we can't!" Mr. Wegner, Social Studies teacher, stated.

The system started to fail in the beginning of the year. Everything runs on a database, and it was changing. The database was missing certain programs, so there were "gaps" in the database.

Mr. Molinek, in charge of our technology, along with other technology staff members, had to try all different techniques and start from scratch in order to



Dave Molenek, technology staff member

make a new database. This is why some days the system would work, and other days it would not. "The database system is very complicated and is hard to diagnose. Just know that we fixed it and the technology should be up and running for the rest of the year," Dave Molenek said.



# School Policies and You

3

By Erik Krueger, Staff Reporter

School policies say that during the school day there is no use of any portable electronic devices and food or drink in any classroom. There is controversy on these policies and why they are in place. Some students believe that portable music devices and food and drink enhance their ability to learn, while others think it's a safety issue or a distraction.

Most students own some sort of device to listen to while they are doing homework. According to Ms. Briggs, a study hall aid, the most confiscated electronic device is the iPod.

"They say it helps them study," Briggs said, "but I have to enforce the rules."

Most students agree that it helps them concentrate. Brad Bertram, a senior student explains, "Personally, I find that music helps to keep me focused and also makes it less likely that I will fall asleep."

Associate Principal Buckley

stated, "There is a chance that students could be distracted. Rather than saying this person won't be distracted and this person will, we treat everybody as equally as we can."

Food and drink policies are also a common subject that most students tend to disagree about. Students are not allowed to have food or drink in any classroom other than the cafeteria at the proper lunchtime.

Nick Bruno, senior student said, "Students work better with a little food in their stomachs. I hate when in sitting in class and I'm starving."

Most students do carry some sort of food item or drink around to keep their energy up. In defense



Lecture Room study hall holding up their prohibited electronic devices

of this policy, Associate Principal Buckley explains that food outside of lunchtime is prohibited because of safety, distraction, and cleanliness.

"Some of our students, not all of them, don't clean up after themselves well. If you want to play around after lunch you will see what I mean," said Buckley.

## IKE Home to Ten National Merit Scholars

By Amanda Laabs, Co-Editor



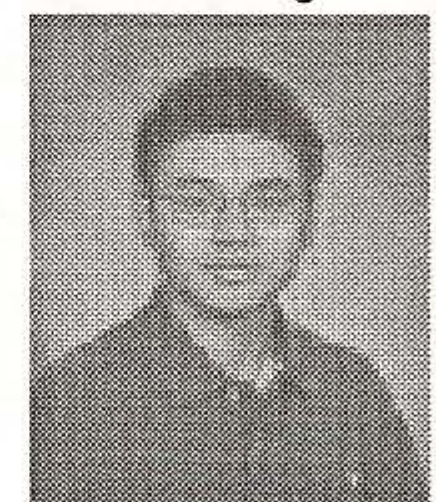
David DeMoss

Gabrielle Hovey



Jim Root

Robert Qi



The National Merit Scholarship Corporation has named ten seniors at Eisenhower as National Merit Scholars. These students qualified for the scholarship by taking the Preliminary SAT / National Merit Scholarship Qualifying Test their junior year of high school.

In late September, six of these students received Letters of Commendation from the National

Merit Scholarship Corporation. These student's scores were among the top five percent of more than 1.4 million students who entered the 2008 competition from across the U.S. These students are: Timothy Finnie, Charles Kleczka, Amanda Laabs, Elizabeth Makal, Lisa Niemiec, and Alicia Wahl.

In early September, the National Merit Scholarship

Corporation named four of these students as Semifinalists. These students are: David DeMoss, Robert Qi, Jim Root, and Gabrielle Hovey.

As Semifinalists, these students are now competing for numerous \$2500 scholarships. In February, the National Merit Scholarship Corporation will inform these students if they have moved on to Finalist status.



## Mold Count In Building Drastically Decreased

*By Mrinal Gokhale, Staff Reporter*

Mold has been a major problem in our building for years. It is the cause of unclean air, dirty ceilings, and it makes people with allergies feel miserable. According to math teacher, Mrs. Schloedel, the past years were full of sinus problems for her and other people in the building with allergies.

"My room was one of the many science and math rooms downstairs that was highly affect-

ed by the mold," said Schloedel. "The janitors did a very good job getting rid of it over the summer, making it a good way to start of the school year. "I do not see it as problem anymore," she states.

According to janitor Rich Ojieda, the cause of the mold is moisture. He explained that most of the downstairs rooms had interior and exterior walls. The mold grew in between them.

"Over the summer we took

the walls down, cleaned the mold, re-surfaced the exterior walls and made sure there were no interiors. We repainted it as well and also replaced the ceiling tiles, and put de-humidifiers downstairs to fight the moisture."

Even though the rooms had to be dramatically redone, it was worth it in the end for everyone. Rich Ojieda also does not envision the problem re-appearing.

### Nearby Allergy Clinics

**Steven Cohen H MD**  
11121 W. Oklahoma Ave  
Milwaukee, WI  
(414)545-1111

**Renee Knapp M DO**  
13900 W. National Ave  
New Berlin, WI 53511  
(262) 928-4500

**Aurora Medical Group**  
7220 W National Ave  
West Allis, WI 53214  
(414) 257-8500

## Room Temperature Unpredictable

*By Erik Krueger, Staff Reporter*

What do good teachers, up-to-date textbooks and proper room temperature have in common? These are all important elements to create a good learning environment.

One of the more frequent complaints that can be heard in the halls of Eisenhower is the unpredictable temperature of the classrooms. Either it is cold outside and the classrooms are warmer, or it is hot outside and the classrooms are cool. It is not uncommon for some teachers and students to use a trick to heat up a room by wetting a paper towel and putting it over the room thermostat.

Brad Bertram, senior, said, "It feels like the cold air is on when its cold outside and students are more worried about keeping warm

than learning."

According to the article "How Hot and Cold Affect the Brain," written by Barbara Pytel, studies have concluded that temperature in the classroom can affect how well as student can learn.

"The brain is the master control center for the body. When it is too cold or too hot, the brain is constantly reminding the body to do something about this condition," according to Pytel. "It will be difficult for the student to focus because every minute or so, the brain will be sending messages."

Pytel cited research studies by Dunn and Dunn that concluded, "Students can't really concentrate on learning when their brains are trying to adjust to the environment."

Robert Pulliam, Director of

Building and Grounds, said that there could be many reasons Eisenhower has different room temperatures such as "age of the equipment, equipment malfunction, position of the room in the overall building design; the list goes on and on."

According to Pulliam, the average temperature set for classrooms during the summer cooling season is around seventy-four to seventy-eight degrees and between sixty-eight to seventy-two degrees in the heating season. The school turns the heat on around October 15th and off around April 15. The cooling system is turned on around April 15 and off October 15th.

There are no easy solutions to the temperature variations according to Pulliam. Students and teachers must bring a variety of clothing to cope with the situation.



# Health Room Not Available <sup>5</sup> for Students

By Linsy Nelson, Staff Reporter

"It is so frustrating because if I feel like I am going to throw up, I do not want to do it in the office," stated Ashley Weber, senior.

Many students are very frustrated that the health room is not always open for their convenience. There is one district nurse for seven schools in the district, which is the primary reason for the office's closings.

"It is hard when I work full time and I try to be at all schools at once," stated Pam Jesse, School Nurse.

When the nurse is not there, employees must address health issues at each school in the district. When the nurse is not at IKE the student that

do not feel well have to make their way to the front office. Mrs. Krohn, principal's aid, stated, "We know where the band aids are!" The office workers are not able to fix broken arms, but they do try their best to take care of whatever needs arise.

"The scariest moment was when someone passed out in the office," stated Mrs. Krohn.

When the nurse is in the health room, she deals with an assortment of student needs. There was an accident that took place

between two boys playing soccer in gym class who went in to kick the same ball. They collided, and both ended up breaking a foot. "That was a busy, busy, day in the health room," said Nurse Jesse.



Mrs. Krohn, principal's aid tries her best to help when it is needed.

## Healthy Living Myths

### Sticky Situation

Everyone knows the story about how no one is allowed to swallow gum because it takes at least seven years to digest. In reality, gum reacts the same way as any other food put into someone's mouth. It only takes twenty-four hours to digest, it exits the body the same way it is entered.

### Feed a Cold

The phrase, feed a cold-starve a fever is wrong. Although the body does need energy to feed a cold, the body also needs fuel in order to cure a fever. Doctors say for both cases, get rest, eat healthy, and drink a lot of fluid.

## Miss Yoder is Board Certified

By Mrinal Gokhale, Staff Reporter

In January of 2005, Miss Kirsten Yoder, Middle School English teacher, was notified that she had earned National Board Certification.

The National Board Certification is an independent and nonprofit organization that was established in 1987. It is meant to help teachers improve their teaching and learning quality. Prior to



Miss Yoder is the first Eisenhower teacher to earn National Certification

applying one must hold a bachelor's degree, complete at least three years of teaching and counseling, and have a license for that time period.

"I applied because I just talked to a mentor teacher who just finished the process and heard so many great things about how to reflect on teaching. My best experience in this was the dis-

cussion with other teachers and administrators on ways of teaching I never thought about before."

It takes a lot of work to earn each certification.

"You need to set aside at least ten to twenty hours a week. I had to give up book club, hobbies, spending time with friends and family, and I also needed their support. But now that I'm able to reflect on my everyday teaching I can gear my lessons to learners better than before and make changes immediately during the lesson rather than after."



# Winter Assembly

By Krissy Hashek, Staff Reporter

Fun and laughter were not the only things served up at the annual winter assembly on December 21. But why is there an assembly? What is being celebrated?

According to Mr. Adam White, Student Union Advisor, the assembly gives all the different groups and organizations a chance to tell the student body what they are all about and what they can offer our school.

White also stated that the purpose of this reason to skip fourth and fifth period classes is to, "...celebrate the end of the first half of

the year."

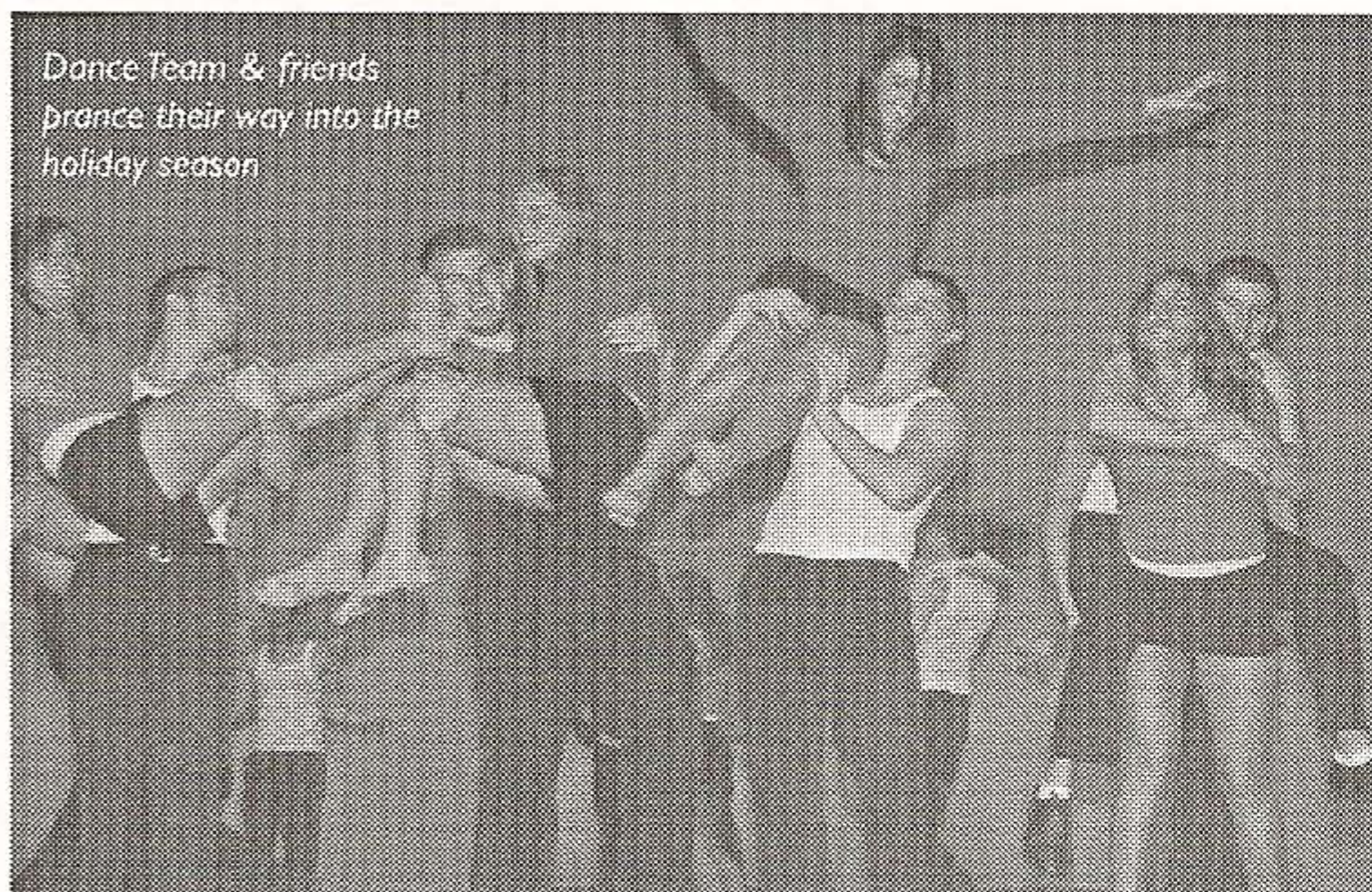
Presentations by SADD, Yearbook, and the newly developed Environmental Club were pointed towards recruiting new members and also giving students the updates on what their clubs.

Performances by Jazz Ensemble, Orchestra, and Interstate Choir had students' and teachers' toes tapping. Bands like Heroes for Hire and Corner Pocket had the audience jumping out of their seats. Performances from the Dance Team and the Superfans left the crowd in an uproar of laughter.

DECA's Miracle Minute was

as successful as anyone could have hoped for when students eagerly dropped their loose change into buckets. The \$367 raised will help support the Muscular Dystrophy Association and now students will be able to watch the March Madness basketball games on the big screen in the cafeteria during lunch for reaching the final fund-raising goal.

Contrary to popular belief, the Winter Assembly is not just an excuse to get out of class, but an informational and enjoyable way to end a great semester.



Dance Team & friends  
prance their way into the  
holiday season



Senior Andrew Forret and Junior Mark Furka  
star in The Superfans Video

## NBPS Introduces New Way to Pay for Lunch

By Cassie Jaskulski, Staff Reporter

Paying for your school lunch has just become a lot easier.

Eisenhower Middle and High School are now using myLunchMoney.com, a new service that enables parents to prepay for breakfast, lunch, and a la carte food items using a debit or credit card.

This innovative program helps parents manage and control their child's account from home. Enrolling and funding are simple tasks that can be completed online.

Once an account has been established, parents can check balances, view purchases, and even set spending limits and funds on their child's account.

Another perk offered by myLunchMoney.com is the recurring payment option, which helps to ensure that students always have money in their accounts. As soon as a low balance of five dollars is reached, the program automatically deposits more money.

### In a Survey of 100 Ike Students...

#### **Favorite School Lunches**

- 39% pasta bar
- 32% super nacho bar
- 21% taco bar
- 8% potato bar

#### **Least Favorite School Lunches**

- Diced Turkey and Gravy 28%
- Ribwich 37%
- Pancake Brunch 24%
- Chicken Poppers 11%



# SPORTS BRIEFS <sup>7</sup>

By Ryan Werner & Bri Izzo, Staff Reporters

## Basketball

Coming into the season, Head Coaches David Scheidegger and Gary Schmidt were very optimistic. Now, with the season nearly finished, now see what the talk was about.

The boys record is 12-2 overall, 9-1 in conference.



Senior Captain Alex Izzo makes his way through to the basket against Whitnall in a 67-53 victory in early December.

"The reason for our team's success this year is, one, the fact that we have strong parental involvement and the program does well because of their involvement. The other reason for the success is that the players are involved in other sports here at Eisenhower, which helps them on the basketball court. Everyone puts a lot of time in to help out the program here at Eisenhower," Scheidegger said.

The team has home game against Shorewood on February 12th and finishes the season away at Wauwatosa West on February 15th.

On the other hand, the girl's team is 9-5 overall, 8-2 in conference. The team's last two games are at home against Wauwatosa West on February 15th and at Shorewood on February 20th.

Along with the girls game against New Berlin West on February 8th, both schools have teamed up by "Shooting for a Cure". Both schools will sell pink t-shirts for the "Pink-Out" theme. The t-shirts are \$10 and \$3 will go to the Milwaukee Breast and Cervical Cancer Awareness Program (MCBCCAP).

## Wrestling

The wrestling team has a record of 0-5 in the 2007 wrestling campaign.

The upcoming meets are the conference tournament at Pewaukee on February, and the individual playoffs. The playoffs are from February 9th (WIAA regional) to February 23rd (State Championship Match).

## Cheerleading

Currently in the roar of competition season, the cheerleaders have already competed in December and January.

The Varsity and JV cheerleading squads both took first at the Watertown Invitational Spirit on December 8th.

The next weekend at Oak Creek, Varsity and JV cheer placed second in their divisions. While competing in Division I Large, Varsity placed third at the Bucks competition. JV placed first in their division, and they performed during the pre-game at the January 24th Bucks game at the Bradley Center. They also garnered a first place finish at their State Championship in Steven's Point on January 19th.

On December 27, varsity cheer traveled to Watertown High School to participate in their regional competitions. Cheer took first in their division and 2nd out of the 44 teams at the competition. Next up, cheer will travel to their state meet on February 9th in Green Bay.

## Dance

The dance team, being judged on their poms and hip-hop routines, has competed in Watertown and took 2nd on their poms routine and 4th on the hip-hop routine. The team also competed in Kaukana and took 2nd in poms and 4th in their hip-hop routine. At Watertown High School on January 26th, the dance team won regionals. The team took 1st in the poms routine and 2nd in the hip-hop routine. The dance team will be heading to state in February.



## Hockey Violence Bringing in Spectators

By Octavio Barretto, Staff Reporter

If you're expecting to see *Fight Club on Ice* at the Petit Center, where the Wild co-op hockey team practices, it'll be a bit dissapointing. The Wisconsin Athletic Association doesn't tolerate any fighting, and doing so results in an immediate ejection.

"The violence in highschool hockey is virtually non existent. Yes, there are techniques like body checking, but football is the same way. It's violence, but it's regulated," said Ike Athletic Director Mr. Bill Woodring.

Originally a game restricted to the upper social class, violence has been a part of ice hockey since the early 1900s.

Fighting is an established part of ice hockey in North America, with a long history involving many levels of amateur and professional play.

"Sadly, some people go to

games just to watch the fights," said Woodring.

Physical play in hockey, consisting of allowed techniques such as checking (slamming an opponent against the boards or the ice), and disallowed techniques such as elbowing and tripping up an opponent with a stick is inextricably linked to fighting. Broadly speaking, fighting exists in organized ice hockey to help deter overly rough play, to allow teams to protect their star players, and to create a sense of solidarity among teammates.

Although a definite source of criticism, it is a considerable draw for the spectators. Unique to a North American team sport, the NHL doesn't eject players for fighting but leagues around the rest of the world do. Therefore the vast majority of fights occur in the NHL and other North American leagues.

### Upcoming Games

•  
Saturday, February 2nd  
Whitefish Bay High School  
Kem Center  
3:00PM

•  
Friday, February 8th  
Grafton High School  
Petite National Ice Center  
5:30PM

•  
Saturday, February 9th  
Piux XI High School  
Petite National Ice Center  
6:00PM

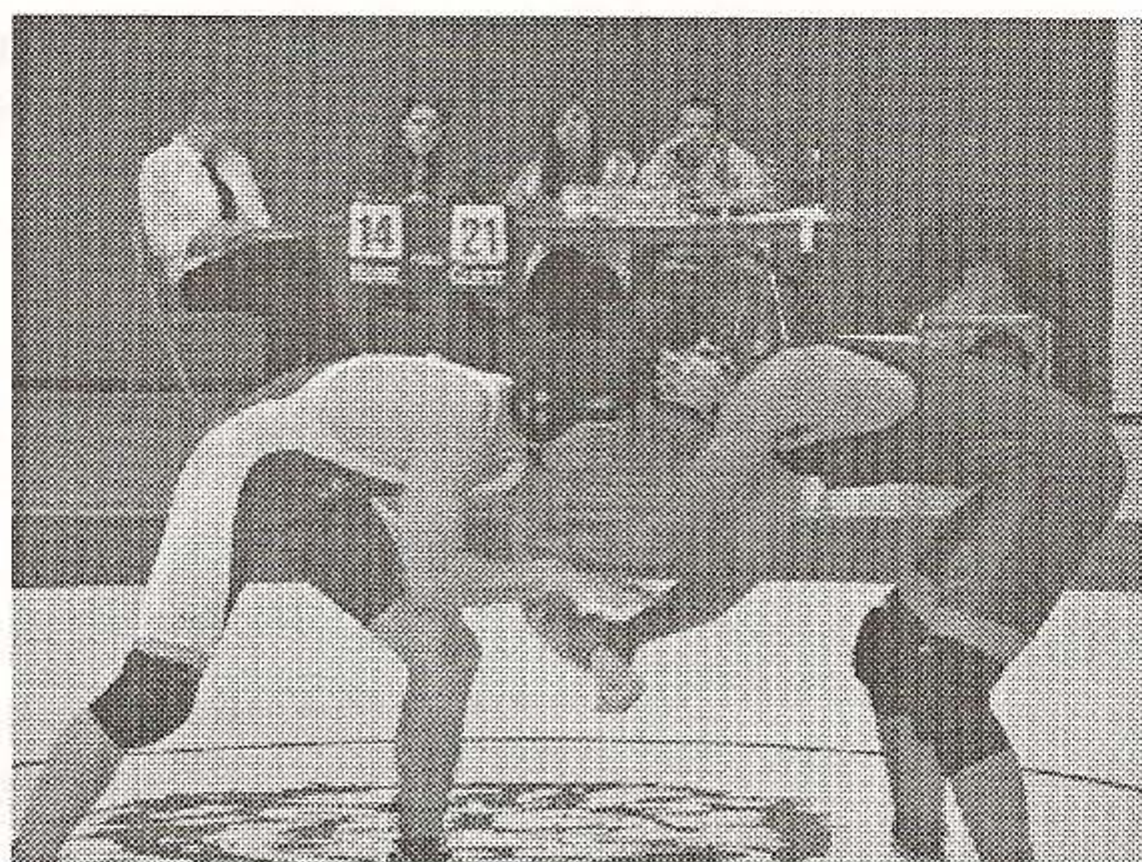
## Wrestling Season Continues to Rock

By Ryu Kusakabe, Staff Reporter

The Eisenhower wrestling season started on November 12 and will end in February. The team's laborious practices take place at 2:45 in the cafeteria Monday through Friday. The goal of Ike's wrestling program is to build up one's body. Most people are excited about this season including athletic director, Mr. Woodring.

This year's team consists of 24 students, all of whom are very excited.

One wrestling team



Senior, Corie Richardson, right, wrestling a Cudahy student in December.

member, sophomore Robbie Love said, "I am excited about this season. It will be hard, but I will be able to succeed. And I like wrestling. I want to improve, and I want a winning record."

"Anybody can do wrestling, even if it is girl, kid, or a big guy," wrestling coach, Billy Kraus stated.

"We are still looking for people to come out for wrestling."

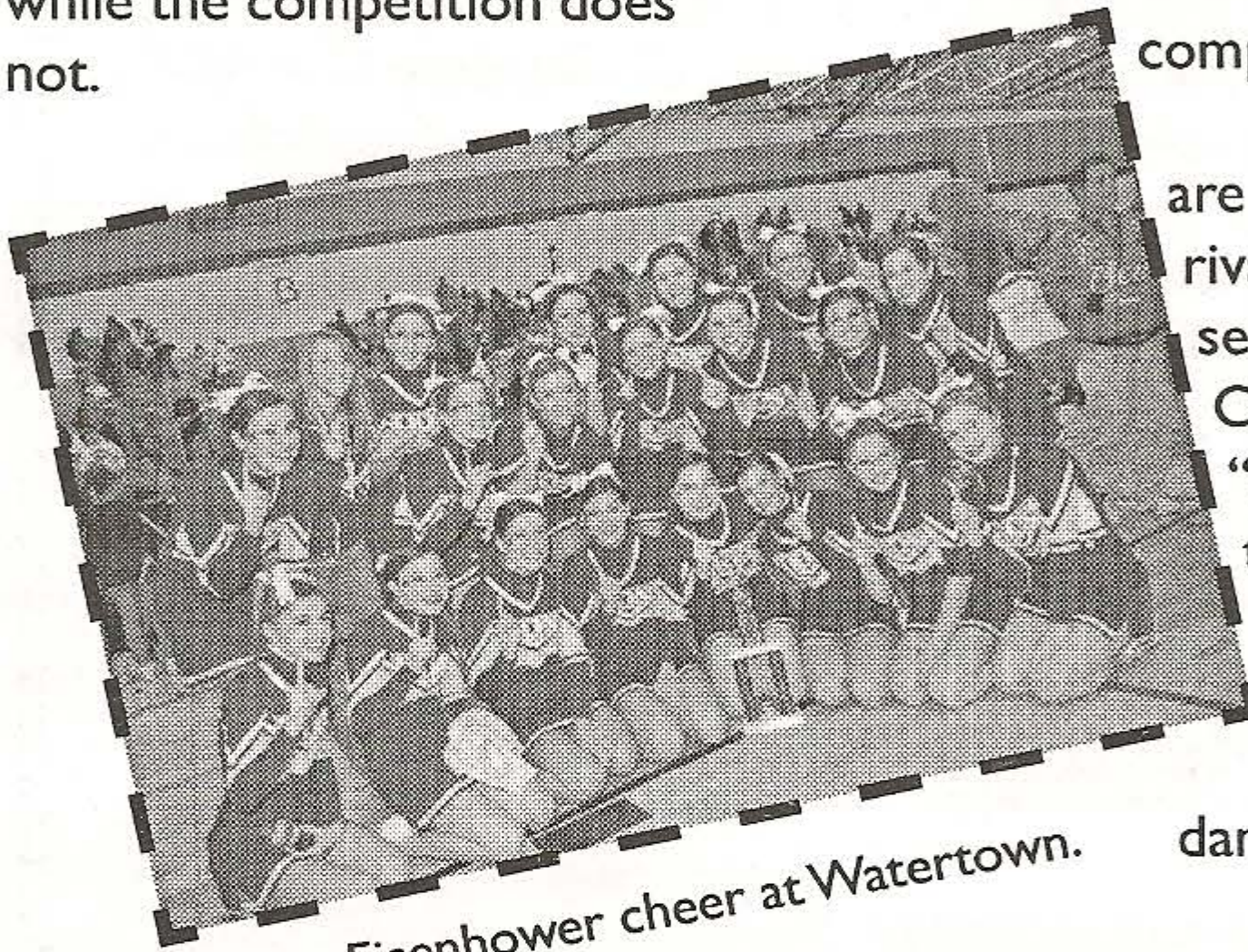


# Bring It On: Rivalry Fuels Progress Among Cheer and Dance

9

By Amanda Laabs, Co-Editor

Rivalry is a natural part of any competing sports teams. But for members of the Ike cheer and dance teams, the rivalry exists, while the competition does not.



Eisenhower cheer at Watertown.

"Cheer and dance compete for the same limited funding, support from the school, and recognition from the administration. These things are often in short supply. Thus, the teams feel the need to compete with one another, whether consciously or subconsciously," said cheerleading head coach Kristine Cherek.

At Ike, the cheer and dance teams are often equated among the student population, and it is not hard to see why. The two teams often perform right after one another at basketball games, and cheer the football team on together on the sidelines. In addition, each team

is comprised of about twenty girls, and each team competes in basically the same manner. The similarities between the two teams naturally leads to constant comparison.

"I think the students are a major reason the rivalry exists," said senior cheerleader Courtney Nichols, "People assume that we hate each other...whatever we do, it's constantly compared to the dance team."

In fact, this rivalry isn't unique to Greendale high school, nearly the exact same situation exists.

"It can get really annoying to get compared to the poms, because at the end of the day we should be compared to competing cheer teams, not the pom team at our own school," said a Greendale cheerleader.

The tension between the two teams seems to have gotten better over the past few years.

"Last year the dance team baked cookies and came to see us off to our State competition - that

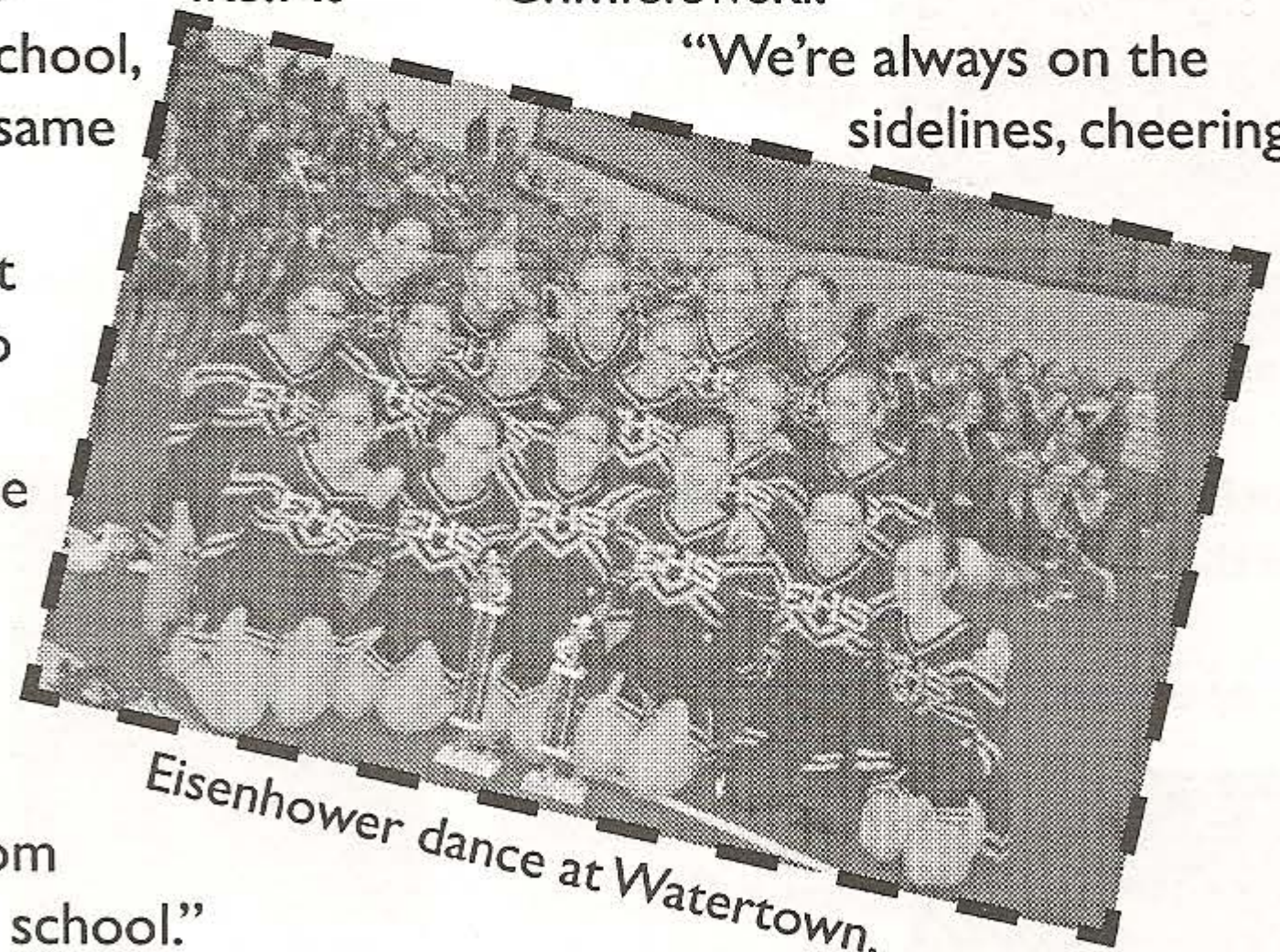
was one of the most touching part of the entire season for us," said Cherek.

Senior and captain dance team member Tia Gordon seems to share this sentiment.

"All I can say about the rivalry between cheer and dance is that I honestly didn't think there was one! Sure, we try to out-shine each other at performances, but it's all just harmless competition to get the crowds approval," she stated.

"We've definitely been able to support each other more over the past years," said senior cheerleader and captain Amy Chmielewski.

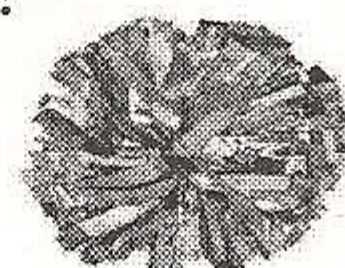
"We're always on the sidelines, cheering



Eisenhower dance at Watertown.

each other on," said Gordon.

"Besides, the rivalry is between Ike and West, not cheer and dance!"





# Art Department Briefs



By: Cassandra Jaskulski, Staff Reporter

## Cabaret

Despite the fact that it occurred over a month after its originally scheduled date, Eisenhower's annual Cabaret night went off without a hitch on Saturday January 12.

Hosted by Brady Bachmann, Jake Starsiac, and Robbie Love, the show, which consisted of a total of 17 acts, played host to an array of musical acts and comedic skits.

According to sophomore Cabaret performer Otto Barretto, "It was a great way to spend three hours on a Saturday night. Each and every person involved in the production worked so hard to pull it off, and it shows."

## Forensics

Positive attitude, drive, commitment, initiative: these are all words that can be used to define the Eisenhower forensics team.

The forensics team is a versatile group of hand-picked students who compete in an array of different tournaments consisting of everything from poetry, to solo acting, to group play acting and much more.

Their season just got underway, so if you have any questions regarding tournament dates or general information, please contact Mr. Peppler or Ms. Boschert.

## Winter Musical



Ben Schroeter as Nathan  
Detroit

It's that time of year again. The Eisenhower Drama club has just begun their second month of practice for

their most anticipated production of the year: the winter musical.

Director Doda Starkey announced last spring that this year's show will be the Broadway classic *Guys and Dolls*; the story of two compulsive gamblers who make a bet on love.



Andy Lehmann as Sky  
Masterson

The musical revolves around Nathan Detroit, the organizer of the oldest established

permanent floating crap game in New York, who bets fellow gambler Sky Masterson that he can't make Sergeant Sarah Brown fall for him.



Chelsea Schwabe as  
Miss Adelaide

place to facilitate his infamous crap game, Nathan also has to listen to her constant pleas for marriage. And all while being hounded by his fellow gamblers and hunted down by sour police officer Lieutenant Brannigan.



Chloe Bell as Sarah  
Brown

Also in the mix is Nathan's fiancée of fourteen years, Hot Box lounge singer, Miss Adelaide. On top of having to worry about finding a

place to facilitate

**GUYS  
AND  
DOLLS**

### Performance

#### Dates:

February 21st  
7:30 P.M.

February 22nd  
7:30 P.M.

February 23rd  
7:30 P.M.

February 24th  
2:00 P.M.

Photos By: Ryan Pandl



# Meet Sophomore Peter Hallum

By Ryu Kusakabe, Staff Reporter

11

This year Eisenhower has had the privilege to welcome three new foreign exchange students. Foreign exchange is an opportunity for students all over the world to experience another country.



Sophomore Peter Hallum from Viborg, Denmark.

Peter Hallum is a 10th Grader and a foreign exchange student from Denmark. He is living with 9th Grader Jasiu Ra-

zynski and arrived in Wisconsin during August.

His hometown is Viborg, Denmark which is similar to New Berlin. It has forty-five thousand people, two lakes, and a similar climate. Peter commented on our city saying, "My hometown is more compact than New Berlin. We don't always use a car to go somewhere."

Peter is a foreign exchange

student because he wants to experience a different culture.

Peter said, "I was surprised about the law on alcohol. Denmark doesn't have an age restriction on alcohol!"

He wants to try wrestling and track. He seems to be getting a good experience of American culture.

Peter also said, "I really miss my family, but mostly my friends."

He will be studying with Eisenhower for the rest of the year before he returns to his home country in July.

## Tanning Beds: Are They Worth The Risk?

By Rachel Cohen, Staff Reporter

Tanning salons all throughout Wisconsin will be making tons of money this year with the amount of teens and adults who purchase tanning specials.

During the cold winter season, many teens like to retain a healthy glow both to feel better, and to have an overall thinner, fit appearance. However, there is another side to tanning, often referred to as fake baking.

Overexposure to UVA and UVB rays result in serious skin cancers like malignant melanoma, sunburn, allergic reactions, photo aging, dryness, wrinkling, and certain cases of cataracts.

Junior Alex Petre, who is currently employed at SunRayz tanning salon says,

"Many people don't realize how bad your eyes can get if goggles aren't used while tanning. Serious eye problems can result in certain types of cataracts. Basically,

it's up to people to decide if whether or not it's worth the risk when not wearing them." Yet, sometimes the risks, seeing more benefits than drawbacks.

Junior Amanda Boettcher says, "It's a way of relaxing. Plus, I'm in a way better mood after I've gone tanning."

Although serious problems can occur, like certain skin cancers and eye problems, there are tips to developing a healthier, safer looking tan.

First, always put on lotion before and after you tan, your skin absorbs the UV rays better if your skin has moisture. This will result in less tanning time and fewer trips to your salon.

Second, you may shower after tanning. The only exception to this would be for those customers

using a 'tingle' or 'hot action' lotion and a bronzing lotion with DHA. If you are one of those customers, wait about 2-3 hours.

Third, remember, if

you have been burned from the use of a tanning bed then you should always wait two days before going again. This will give your skin time to heal and progress back into a tan.

The most important thing to remember is if you are planning on tanning during the winter season, do it responsibly.



Magda from the movie "There's Something About Mary" tans herself for a "natural glow".



# 12 School Board is Never Bored

by Holly Surges, Staff Reporter

## What is the School Board?

The School Board is a committee composed of a president, vice president, clerk, treasurer and three other members in charge of public education. This committee meets regularly at two scheduled meetings per month. These meetings are usually scheduled on the second and forth Mondays of each month. School board members meet to work out problems in public schools and decide budgets. The school board also decides if a student should be expelled. Members get their positions by local elections held every four years. Terms are spread out so seats don't become open all at once. To run for School Board, you have to be at least 18 years old, a citizen of the state, a resident of the district, a registered voter and eligible under the state constitution to be elected to public office.

## Hear what's going on...

UPCOMING

Monday, Febr. 11, 2008 7:00 p.m.	BOE Work Session	Eisenhower M/H School 4333 S. Sunny Slope Rd.
Monday, Febr. 25, 2008 7:00 p.m.	BOE Regular Meeting	New Berlin City Hall 3805 S. Casper Drive
Monday, March 10, 2008 7:00 p.m.	BOE Work Session	Eisenhower M/H School 4333 S. Sunny Slope Rd.
Monday, March 17, 2008 7:00 p.m.	BOE Regular Meeting	New Berlin City Hall 3805 S. Casper Drive

MEETINGS

## Meet the...

### President

Keith Heun

**Q. What school did you attend?**

A. I attended and graduated from New Berlin Public Schools-I graduated from Eisenhower in 1980.

**Q. What is your reason for being on the school board?**

A. My reason for being on the school board is to give back to the community. It's to help to continually improve the strong academic program that we offer to our students and to make sure that the tax dollars that we collect from New Berlin taxpayers are spent conservatively and wisely.

**Q. What is one way you would like to be remembered after your service?**

A. I want to be remembered as someone who worked hard to improve the quality of education for students and someone who listened to taxpayers' input in how much they were taxed and how the money was spent.

**Q. What do you think is our districts' greatest struggle?**

A. Controlling costs while continually improving the quality of education. We have worked hard and have been successful in consistently meeting that challenge year in and year out, but it is something that we have to continue working hard to accomplish.

**Q. When you were younger, what did you think you were going to be when you grew up?**

A. The field of engineering and technology held interest for me when I was younger. I graduated from Marquette University with a Bachelor's Degree in Electrical Engineering and I now work in finance and marketing for a Fortune 500 industrial electronics company.

**Be sure to check out next month's issue to  
meet the other members of the Board!**



# Washington D.C. Bound

13

By Allie Kleefisch, Staff Reporter

More than 10 years have passed since Ike has offered 8<sup>th</sup> graders the chance to visit the nation's capital. On the evening of Thursday, February 21, 2008, 68 people including students, parents, teachers, and Mrs. Weingrod will depart for Washington D.C. and will return Monday, February 25.

The trip costs \$960, which includes round trip transportation, breakfast and dinner daily, a full-time Smithsonian tour on a coach bus, a sightseeing tour, four night hotel accommodation, and overnight security.

The travelers will have a busy agenda. Sites that will be seen include a Smithsonian Museum of

the students' choice, Arlington National Cemetery, Capitol Hill, the International Spy Museum, the Holocaust Museum, and night tours of the Lincoln and Vietnam Memorials.

Besides the historical sites, for many of the students, the trip is about

hanging out with friends and independence.

Alison Armstrong, eighth-grader, is most looking forward to having fun with her friends.

She is also looking forward to the independence. The

excited to see is the Holocaust Museum.

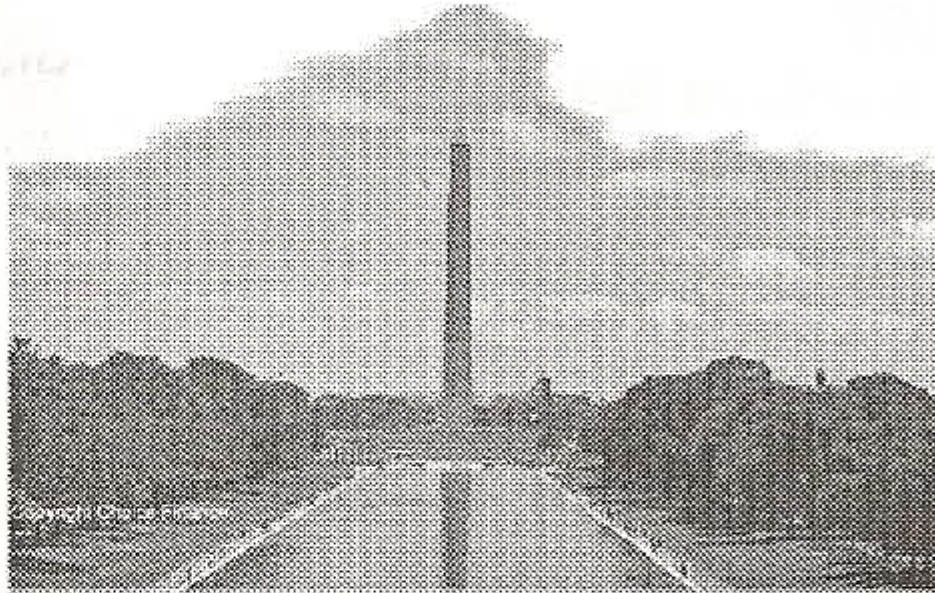
Julie Leonhardt, middle school Social Studies teacher, most looks forward to seeing

the students

enjoy D.C for the first time. She also hopes that the students will gain an appreciation for what the veterans have done by visiting the country's war memorials. Mrs. Leonhardt also hopes that the students will better understand the complexity of the government. "Seeing everything first hand will help them better understand the structure of the government," she adds.



The Capital Building.



The Washington Monument.

## CAPITAL TRIVIA

1.) Approximately how tall is the Washington Monument?

- a.) 572 ft
- b.) 555 ft.
- c.) 605 ft.
- d.) 785 ft.

2.) How many blocks are in the Washington Monument?

- a.) 36,491
- b.) 41,372
- c.) 33,103
- d.) 35,607

3.) How far is it from the Capitol building to the Lincoln Memorial?

- a.) 5 miles
- b.) 2 miles
- c.) 4 miles
- d.) 7 miles

4.) What was the original name of the White House?

- a.) President's House
- b.) White Manor
- c.) White Mansion
- d.) Executive Mansion

5.) What is the wall of the Vietnam Memorial made of?

- a.) Quartz
- b.) Concrete
- c.) Granite
- d.) Marble

6.) When was the Library of Congress built?

- a.) 1777
- b.) 1882
- c.) 1811
- d.) 1800

Answers: 1.b, 2.a, 3.b, 4.d, 5.c, 6.d



# 14 Valentine's Day Gift Guide

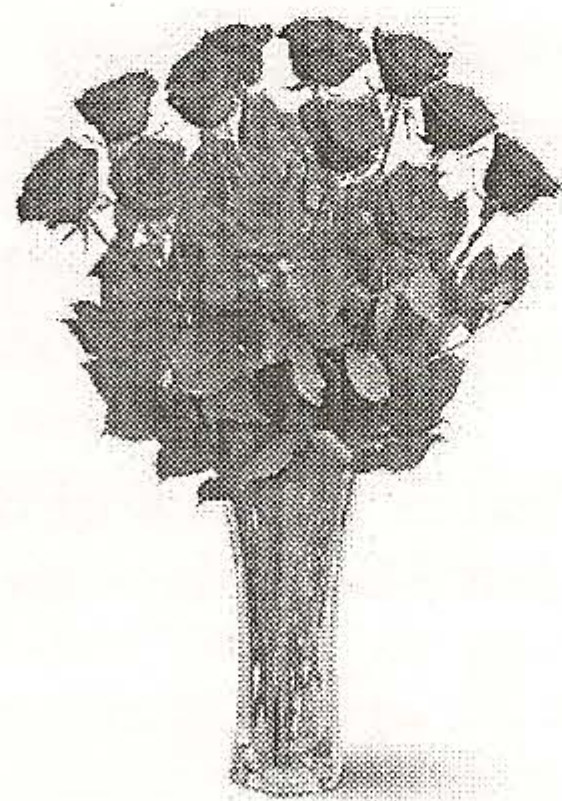
By Lacey Van Syckle & Krissy Hashek, Staff Reporters

Some people don't enjoy participating in Valentine's Day due to the materialistic value of the holiday, but for those who would like to celebrate love by contributing to the economy through the purchase of materialistic goods; here are some ideas.



## Customized M&M's \$3.99 and up

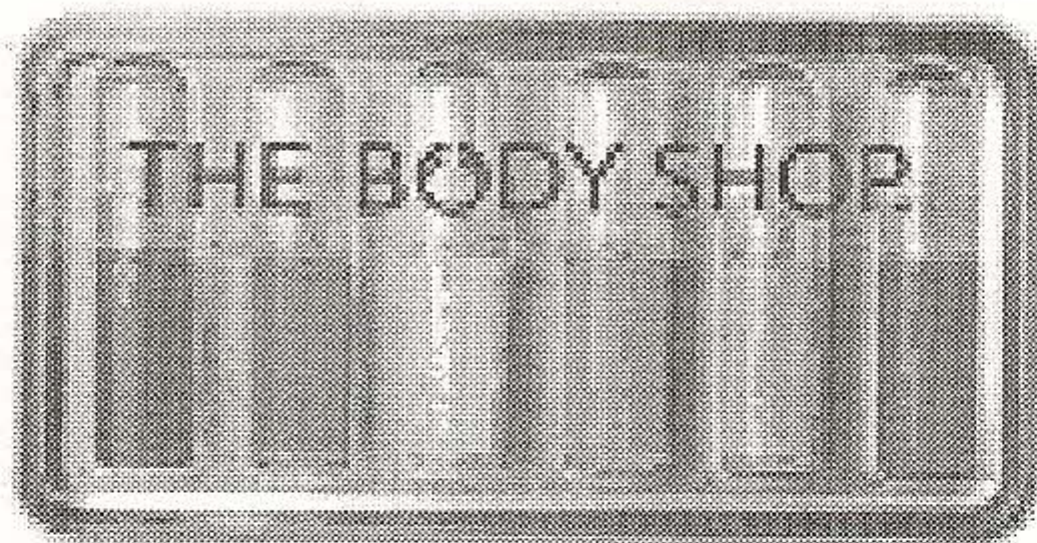
Customize M&M's for your lover by choosing their two favorite colors and two different 16 character phrases. Visit [www.mymms.com](http://www.mymms.com) to create your own M&M's.



## Giving flowers is not old fashioned!

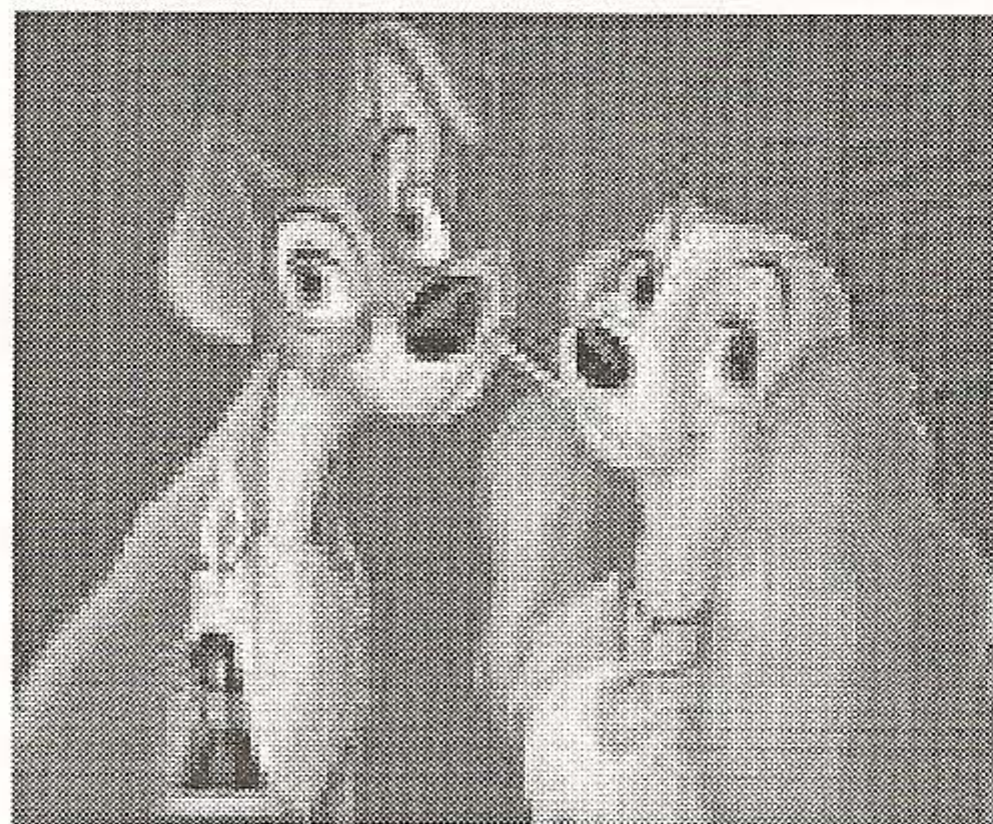
Starting at \$10.99

Flowers show that you really care about your valentine and that you want your love to grow. Giving flowers is classic but not old fashioned.



## Invent Your Scent \$20.00

A kit of six Invent Your Scent Eau de Toilettes for portable on-the-go fragrance or for creating combinations.

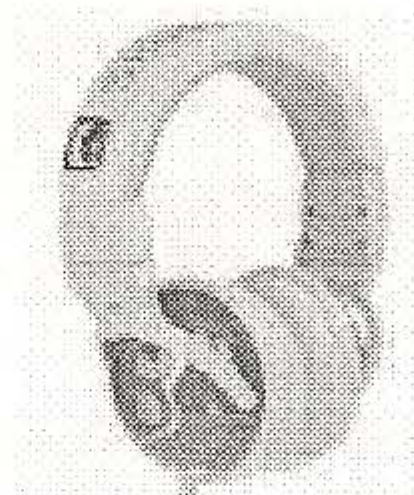


## Romantic dinner Any price

Taking your significant other or even a group of friends out to dinner promises a good time.

## If all else fails...

An iTunes giftcard is an easy, any occasion gift.



## Skullcandy Headphones \$15.00 and up

A great, stylish way to listen to your music. Many different styles and colors.



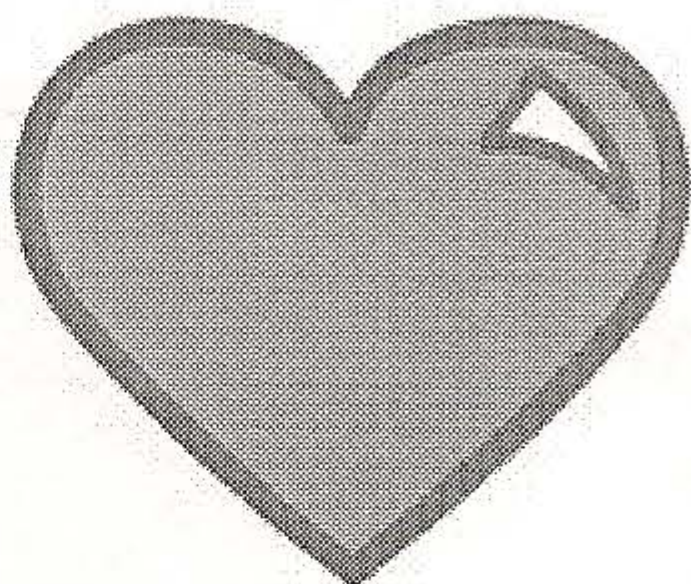


# Candy Hearts, Chocolate Hearts, Heart Health

15

By Krissy Hashek, Staff Reporter

Valentine's Day treats may be good for your heart in more than one way. Chocolate has surprisingly been recently proven to improve your heart health.



There has been a specific process developed to protect and preserve the flavanols that are found in cocoa beans. Flavanols are compounds that help maintain healthy blood flow, reduce oxidation of LDL cholesterol, promote healthy blood pressure, and improve elasticity in blood vessels.

During normal chocolate processing, the flavanols are destroyed. But with over fifteen years spent on researching flavanols, Mars Inc. has created the perfect process to save hearts around the world called *Cocoapro™*.

But this does not mean

that all chocolates are the same or that indulging suddenly became healthy. So far, the only types of chocolate that have been processed by *Cocoapro™* are Dove Dark Chocolate, Hershey's Cacao Reserve and a new brand, *CocoaVia*.

On the first day

of the year, millions of people make a resolution to get in shape and pay more attention to their health.

According to recent studies, high school and college students are most likely to follow through with their promises. A mere month later, Valentine's Day rears its romantic head; however, studies prove that a piece of chocolate may help your body more than you thought before.

Feel sore after a tough day in the gym? Regaining feeling may be as simple as eating a piece of

chocolate. The cocoa found in chocolate is a possibility for better muscle recovery time.

Not only is chocolate helpful on the court, but also in the classroom. The cocoa can boost memory, attention span, reaction time, and problem-solving skills by increasing blood flow to the brain.

To catch all the ben-

efits of this wonderful treat, it is important to eat the chocolate with the highest percentage of



cocoa content.

Now, all chocolate lovers are waiting for is to hear their doctor say, "Take two squares of chocolate and call me in the morning." But until then, the indulgences have to be saved for February 14th.

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## If You Plan on Getting Her Roses... at least know what they mean!

from [www.proflowers.com](http://www.proflowers.com)

### Red:

Red roses are the traditional symbol for love and romance, and a time-honored way to say "I love you." The red rose has long symbolized beauty and perfection. A bouquet of red roses is the perfect way to express your deep feelings for someone special.

### Pink:

As a symbol of grace and elegance, the pink rose is often given as an expression of admiration. Pink roses can also convey appreciation as well as joyfulness. Pink rose bouquets often impart a gentler meaning than their red counterparts.

### Yellow:

The bright, sunny color of yellow roses evokes a feeling of warmth and happiness. The warm feelings associated with the yellow rose are often akin to those shared with a true friend. As such, the yellow rose is an ideal symbol for joy and friendship.

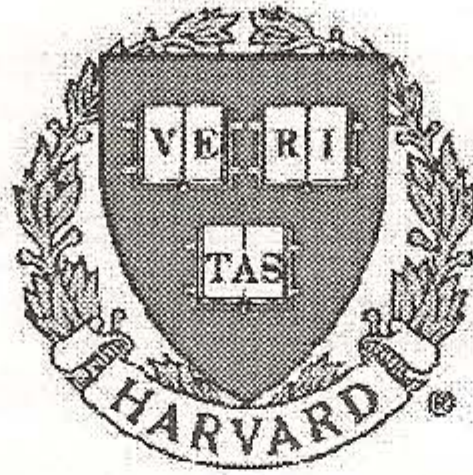


# **We Asked, You Answered...**

## **What's Your New Years Resolution?**

**Get Super Skinny**

April Kos, 11

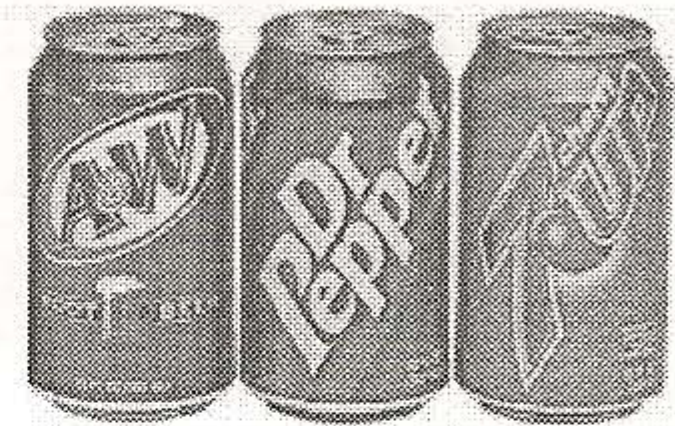


**To get into Harvard  
or Valparaiso**

Alicia Wahl, 12

**Stop drinking soda, you  
can lose 14 pounds**

Katie Potts, 12



**Save my money**

Ryan Jastroch, 11

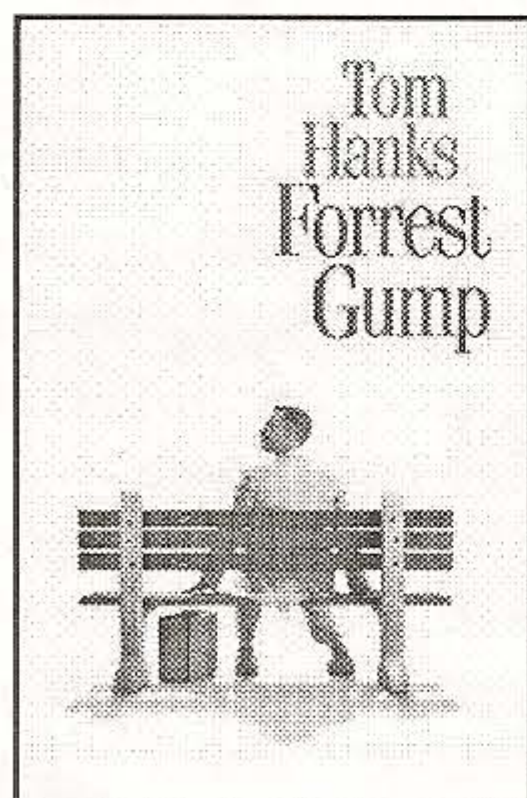
**I have a resolution not  
to make a resolution**

Mr. Wegner, teacher

## **What Would You Want for Valentine's Day?**

**I would want to  
cuddle up with my  
sweetheart by a fire  
and watch Forest  
Gump.**

Greg Heimerl, 11

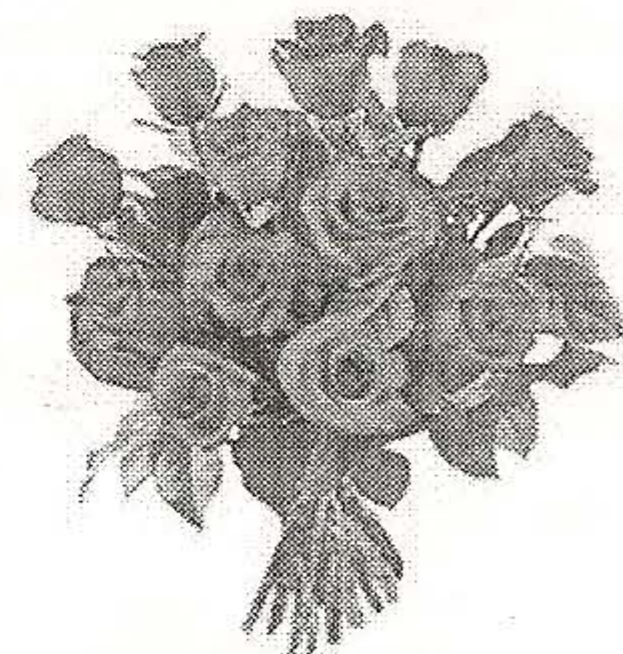


**Nice jewelry**

Holly Surges, 10

**A dozen red roses.**

Julie Pepper, 12



**Go to a Britney Spears concert, then dinner  
at Stonefire. After, we would go home and  
watch Cheetah Girls 2.**

Ryan Pandl, 10

**A nice dinner and something  
thoughtful planned.**

Kamryn Brown, 12

**Suggestions on what to get  
my wife.**

Mr. Owsley, Guidance